



The International School  
of Minnesota

# EXTENDED DAY CLASSES

TERM III 2017-2018

March 12 - May 4

Deadline for  
Registration is  
Thursday, Mar 8<sup>th</sup>



# KARATE

## Preschool through Fifth Grade

All classes stress the importance of the karate school motto "Might for Right," which is our promise to never use our karate unless we are protecting ourselves, friends, or family. All classes are designed to improve balance, strength, flexibility, and confidence.

Children will be able to be promoted to a higher rank according to standards set by the National Karate Organization. If you have any questions, please feel free to contact Kelly at [kworley@nationalkarate.com](mailto:kworley@nationalkarate.com).



## Karate Kids: Preschool-Pre-Kindergarten

This class is for students in Preschool and Pre-kindergarten regardless of experience.

*Mondays 3:30-4:15*

*\$120.00*

## Karate Kids: Kindergarten

They may attend Session I, Session II, or both. Please specify which session you would like on the registration form.

*Session I: Mondays 3:30-4:15*

*\$120.00*

*Session II: Wednesdays 3:30-4:15*

*\$120.00*

*Both sessions:*

*\$240.00*

## Karate Skills: First-Fifth Grade

This class is for students who have taken Karate Kids, Basics, or Skills and have reached solid gold belt. This class meets twice a week.

**\*New Students Welcome\***

*Tuesdays & Thursdays 3:30-4:15*

*\$240.00*

## Karate Skills Advanced: First-Fifth Grade

This class is for students who have earned the rank of solid gold belt with green stripe or higher. This class meets twice a week and includes one Karate Skills lesson. Please specify which session you would like on the registration form.

*Session I: Tuesdays & Fridays 3:30-4:15*

*\$240.00*

*Session II: Thursdays & Fridays 3:30-4:15*

*\$240.00*

# PRESCHOOL, PRE-KINDERGARTEN

## Move and Groove with Dancercise Kids!

Imaginations soar with our Spotlight on Imagination™ session! We keep the kids moving with Dance, Creative Movements, and Fitness all set to entertaining, award-winning kids' music. Let's get creative with "Castles & Dragons", "Echo the Gecko", "Under My Umbrella" and everyone's favorite "Dancing in Harmony". We bring the props to use in class! No special shoes or clothing required to participate. Family and friends are invited to come watch our last class where we will perform what we have been learning.

*Dancercise Kids*

*Preschool, PK, K*

*6 sessions*

*Fridays 3:30-4:15*

*\$95*

## Shopkins Cute with Kidcreate Studio

Come and create the most delicious (and cute) art projects of all time. We will learn step-by-step drawing and sculpting techniques as we create Melonie Pips, D'lish Donute, Berry Smoothie and more of your favorite Shopkins characters. We'll even make a carrying case for you to keep your Shopkins collection in! Grab your shopping carts and let's get creating! This class is going to be D'lish!

*Kidcreate Art Studio*

*Kindergarten- Fifth Grade*

*7 sessions*

*Mondays 3:30-4:15*

*\$95*

## Chess Club

Want to amaze your friends and impress your opponents? Want to increase your IQ while having fun playing Chess and compete for various prizes? Learn from Twin Cities Chess Club instructors who have years of teaching experience. Competitive chess tournaments are scheduled once a year and students can play for real chess trophies! All chess levels are welcome.

*Twin Cities Chess Club*

*Kindergarten- Eighth Grade*

*6 sessions*

*Fridays 3:30-4:30*

*\$95*

# N AND KINDERGARTEN





# LOWER AND MIDDLE SCHOOL

## Shopkins Cute with Kidcreate Studio

Come and create the most delicious (and cute) art projects of all time. We will learn step-by-step drawing and sculpting techniques as we create Melonie Pips, D'lish Donute, Berry Smoothie and more of your favorite Shopkins characters. We'll even make a carrying case for you to keep your Shopkins collection in! Grab your shopping carts and let's get creating! This class is going to be D'lish!

*Kidcreate Art Studio*

*7 sessions*

*Mondays 3:30-4:15*

*Kindergarten- Fifth Grade*

*\$95*

## Bridge Building

Students in this class will collaborate to construct real bridges for use on our trails around campus. We will begin by learning the basics of bridge design by building models out of popsicle sticks and testing their strength. We will then survey sites around our property, and end by designing and building a bridge or two that will enhance our trails for years to come!

*Anish Shah - ISM Parent*

*6 sessions*

*Fridays 4:30-5:15*

*Third- Fifth Grade*

*\$40*

## Chess Club

Want to amaze your friends and impress your opponents? Want to increase your IQ while having fun playing Chess and compete for various prizes? Learn from Twin Cities Chess Club instructors who have years of teaching experience. Competitive chess tournaments are scheduled once a year and students can play for real chess trophies! All chess levels are welcome.

*Twin Cities Chess Club*

*6 sessions*

*Fridays 3:30-4:30*

*Kindergarten- Eighth Grade*

*\$95*

## Let the Games Begin with Dancercise Kids!

Join us for a fun themed dance class based upon songs with a sports theme including "Get'cha Head in the Game" (with basketball prop), "Eye of the Tiger" (with jump ropes) and "Waka Waka (This time for Africa)" (with soccer ball prop). As we sing along with these awesome tunes, we will do a fitness warm-up and cool-down, and we will be learning Jazz, Hip-hop and Creative dances to kid appropriate material. We will also make our costume Sports Jersey! No special shoes or clothing required to participate. Props and costume pieces provided for the class. Family and friends are invited to come watch our last class where we will perform what we have been learning.

*Dancercise*

*6 sessions*

*Fridays 4:30-5:15*

*First – Fifth Grade*

*\$95*

## In-House Track and Field

Students will spend each day working on skills from different events from Track and Field including jumps, sprints, long distance running, and throws.

*April 9 - May 16*

*Mondays and Wednesdays 3:45-4:45*

*First – Sixth Grade*

*\$100*

## In-House Multi-Sport

This program focuses on the team sports of soccer, ultimate frisbee, and basketball. Students will have fun while learning basic skills and strategies of the games as coaches combine play-based learning and traditional coaching methods.

*April 10 - May 17*

*Tuesdays and Thursdays 3:45-4:45*

*First - Third Grade*

*\$100*

# SWIMMING

**Does your child need swim lessons?  
Or maybe they already know how to swim  
and would like to try out the fun, competitive  
sport of swimming?**

**Join the ISM Learn-to-Swim or Swim Team!**



ISM students grades K-5 are welcome to join.  
ISM AFTER SCHOOL LEARN-TO-SWIM PROGRAM

3:30 – 4:30 PM (offered Tuesdays, Thursdays and Fridays)  
SWIMMERS MUST SELECT 2 DAYS PER WEEK  
CLASSES WILL HAVE MAXIMUM 6 CHILDREN

START DATE: Tuesday, April 10th

END DATE: Thursday, June 7th

REGISTER ONLINE: [www.teamfoxjet.com](http://www.teamfoxjet.com)

INQUIRIES: Coach Nancy

[jimnancynelson@centurylink.net](mailto:jimnancynelson@centurylink.net)

952-210-8895







# EXTENDED DAY TERM III REGISTRATION FORM

**Due Thursday, March 8**

Child's Name \_\_\_\_\_ Grade \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_

Parent/Guardian Email \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

Please remember your child's academic labs, music lessons, and Foxjet dates and times when completing the registration form to avoid conflicts.

**Payment is not necessary; your account will be billed.**

Cancellation Policy: Because we make a commitment to our instructors, you are obligated to attend all classes you sign up for unless they are canceled. Please choose wisely!

## Class Choices:

1. \_\_\_\_\_ Day \_\_\_\_\_ Time \_\_\_\_\_

2. \_\_\_\_\_ Day \_\_\_\_\_ Time \_\_\_\_\_

3. \_\_\_\_\_ Day \_\_\_\_\_ Time \_\_\_\_\_

4. \_\_\_\_\_ Day \_\_\_\_\_ Time \_\_\_\_\_

5. \_\_\_\_\_ Day \_\_\_\_\_ Time \_\_\_\_\_

Classes are filled on a first-come, first-served basis.  
We will make every effort to accommodate everyone's requests.

If you have any ideas for a class, or if you are interested in teaching a class, please send us your comments below. We appreciate your feedback! Thank You!

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of Minnesota



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